

PROLIFERATION/CFSE LABELING

CYTOMETRY

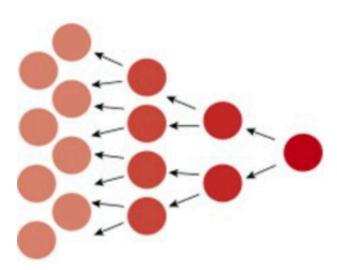




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Permanently label cells with Invitrogen CellTrace fluorescent stains without affecting morphology or physiology to trace generations or divisions *in vivo* or *in vitro*.

- **Superior performance**—bright, single-peak staining enables visualization of multiple generations
- Long-term signal stability—well retained in cells for several days post-stain
- Non-cytotoxic—no known effect on proliferative ability or biology of cells
- **Versatile**—multiple colors available to easily combine with antibodies or markers of cell function, such as GFP



CFSE Labeling Protocol for Adherent Astrocytes in 35 mm Petri Dishes

Materials and Reagents:

- CFSE (CellTrace[™] CFSE, Invitrogen, C34554)
- DMSO (Solvent for CFSE)
- Culture medium: DMEM/high glucose + 10% FBS + 1% Peni/Strepto
- PBS without calcium and magnesium (1X)
- HBSS with calcium and magnesium
- Trypsin-EDTA 0.05%
- 35 mm culture dishes
- Flow cytometer (excitation 488 nm, emission 517 nm)



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SH-SY5Y





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Preparation of CFSE Solution

- 1. Prepare a **stock solution** of CFSE at **5 mM** by dissolving **50 μg CFSE** in **18 μL DMSO**.
- 2. Aliquot and store at -20°C in the dark. Avoid multiple freeze-thaw cycles.
- 3. Prepare the working solution (1 μ M) just before use:
 - Dilute 1:1000 the stock solution in pre-warmed PBS at 37°C.
 - \circ Example: Add 1 μ L of stock solution to 1 mL of PBS to obtain a final concentration of 1 μ M.

Experimental Protocol

1. Cell Preparation

- Day -3: Seed 100,000 astrocytes per 35 mm Petri dish in 2 mL of culture medium.
- Day 0 (Experimentation):
 - Ensure cells are **80% confluent**.
 - Replace the culture medium with 2 mL of pre-warmed PBS 1X and wash once.

2. Cell Labeling with CFSE

- 1. Replace PBS with 1 mL of CFSE solution at 1 μM per dish.
- 2. Incubate for 20 minutes at 37°C in the dark.
- 3. Stop the reaction by adding 2 mL of complete medium (DMEM/F12 10% FBS) and incubate for 5 minutes at 37°C.
- 4. Wash **twice** with culture medium by centrifuging cells (if detached).

3. Culture and Analysis

- 1. Incubate cells in **fresh medium** for **10 minutes** to allow CFSE hydrolysis.
- 2. Perform **experimental treatments** if necessary.
- 3. Flow cytometry analysis:
 - o Detach cells with 500 μL trypsin per dish and incubate for 5 minutes at 37°C.
 - o Add 1 mL of culture medium, collect cells into flow cytometry tubes.
 - o Wash twice with PBS (centrifuge 5 min, 1200 rpm).
 - o Resuspend in 500 μL HBSS+ and analyze.



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Flow Cytometry Parameters:

Excitation: 488 nm (blue laser)Emission: 517 nm (FITC filter)

• Compensation: Include a tube with unstained cells to define baseline fluorescence.

Data Analysis:

- 1. Compare CFSE fluorescence intensity between treated and untreated populations.
- 2. Verify cell viability using Sytox Blue double staining.
- 3. Calculate the **Stain Index**:

(Median Pop CFSE+ - Median Pop CFSE-) / SD pop-negative